

Competition Regulations – Aerial Flow Cup Cífer 2025

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I. BASIC INFORMATION

Competition: Aerial Silk solo/duo, Aerial Hoop solo/duo, Aerial Hammock solo/duo

Date: October 18, 2025

Location: Andrej Hlinka Square 169/31, 919 43 Cífer – Cultural House

Organizer: Aerial Flow Trnava

II. NATURE OF THE COMPETITION

Aerial Flow Cup Cífer is a public competition aiming to strengthen relationships between athletes, promote aerial sports, and increase their level in Slovakia. The competition will consist of one final round.

III. PARTICIPATION CONDITIONS AND RULES

1. Open to children, women, and men with a valid ID, regardless of nationality.
2. Minimum age: 5 years. The competitor's age is assessed according to the valid categorization of the Slovak Gymnastics Federation for the given year. For duos/groups, the age of the oldest member is used.
3. Under-18s must provide written consent from a parent or legal guardian.
4. Registration must be sent by **September 15, 2025** to:
aerialflowtrnava@gmail.com (form attached to rules).
5. Entry fee: €40 for individuals / €50 per duo, payable by **September 15, 2025**, to:
SK79 0900 0000 0051 9817 0381. Failure to pay leads to immediate disqualification.
6. All competitors must be in good health. Female participants must not be pregnant. Participation is at one's own risk. The organizer is not responsible for any injuries or accidents.
7. Performance repetition allowed only in cases of:
 - a. Music playback issues
 - b. Safety hazards (e.g. damaged rig, fabric, mat)
 - c. Significant costume malfunction
 - d. Decision by head judge
8. Competitors must adhere to the schedule. Disruption may lead to disqualification. Entry fees are non-refundable unless the organizer cancels the event.

IV. TECHNICAL PARAMETERS

- **Silk:** 1.60 m wide, 14 m long (divided), medium stretch, anti-slip, 5 m height, 2 m on ground.
- **Hoop:** 95/90/85 cm diameter. Personal hoops allowed. Mounted with 3 m lifting loop.
- **Hammock:** Nylon, 2.75 m wide, 7 m long.
- All apparatuses will have **10 cm thick crash mats** below.

V. COMPETITION CATEGORIES

Age Groups (2025 Categorization):

1. Mini: 5–6 years
2. Children: 7–9 years
3. Junior: 10–14 years
4. Youth: 15–17 years
5. Adults: 18+
6. Masters: 40+

Skill Levels:

1. Amateur – First-time competitors
2. Semi-Pro – Experienced but never placed
3. Pro – Has placed in competitions

Categories may be merged or canceled at the organizer's discretion.

VI. COMPETITION ROUND

Only one final round.

VII. COSTUME

- One- or two-piece sportswear: leggings at least to ankles, top with or without sleeves, or full-body suit.
- Forbidden: underwear, swimwear, skirts, dresses, damaging elements (glitter, zippers, jewelry).
- Barefoot or non-slip socks only.
- Hair should be tied back.
- Makeup must not stain silk.
- Props only allowed during floorwork, not on apparatus.

VIII. JURY

The jury consists of professionals in aerial, dance, or gymnastics (performers or coaches).

Each judge scores independently.

No changes to scores after the competition.

Judges' decisions are final.

IX. MUSIC

- Music must be emailed by **September 15, 2025**, in **MP3 format** to: aerialflowtrnava@gmail.com
- Include competitor's name and category.
- No abrupt mashups. Lyrics are allowed but must not be racist, vulgar, or sexual.
- Duration: **2:30–3:30 minutes**.

X. CHOREOGRAPHY

Required elements:

1. Floorwork (dance and acrobatics)
2. One split
3. Drop (mandatory for Semi-Pro and Pro)

Penalties apply if elements are missing.

No repetition of tricks.

Original, dynamic, acrobatic combinations are rewarded.

Risky tricks must be executed well or will receive point deductions.

Choreography includes floorwork, transitions, inverts, holds, drops, gymnastics, etc.

XI. SCORING

Scoring criteria:

- Routine difficulty / Technical complexity (0–10 pts)
- Combinations and transitions (0–10 pts)
- Movement control and hold (0–10 pts)
- Musicality and artistic impression (0–10 pts)
- Overall impression (0–10 pts)

Winner = highest total score.

Ties are broken by technical score. If still equal, head judge decides.

Top 3 in each category receive medals, diplomas, and prizes.

XII. DISQUALIFICATION

Possible reasons:

- False information in application
- Rule violations
- Unsportsmanlike behavior
- Endangering self/others
- Failure to appear for registration or performance
- Inappropriate costume/hair/makeup

XIII. RIGHTS & DUTIES OF COMPETITORS

- Must follow competition rules
- Must exhibit sportsmanlike behavior
- Enters stage only when called

- Participates at own risk
- Fee payment = agreement with rules

XIV. RIGHTS & DUTIES OF ORGANIZER

- May change rules or scoring (announced immediately)
- Decides on participant category placement
- Provides medical personnel, safety mats, and equipment checks
- Not liable for injuries, loss, or damage
- Ensures changing and warm-up areas
- Informs judges and provides first aid

XV. PHOTO & VIDEO

By registering, participants consent to the use of photos and videos for promotional purposes.

All media belong to the organizer.

Personal photos/videos allowed without flash or lighting.

Violation may result in expulsion.